



Winterlaufserie des Eisenacher LV/ 1. Lauf
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 30.01.2011

Detailed evaluation

VÖLKER, Kerstin

Club: Cachetaem Mühlhausen
Number: 5

Course: 5.20 km
Kurzdistanz

Category:
Frauen W45

Total time: 28:27

Speed: 10.54 km/h
Running performance: 5:28 min/km

Rank in course/Total: 4 (of 8)
Rank in course/Women: 2 (of 2)
Best time in course: 23:48

Rank in category: 1(of 1)
Best time in the category: 28:27