



Winterlaufserie des Eisenacher LV/ 1. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 30.01.2011

Detailed evaluation

**RIKIRSCH, Roland**

Club: Creuzburg  
Number: 152

Course: 12.30 km  
Langdistanz

Category:  
Männer M65

Total time: 1:03:12

Speed: 11.39 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 45 (of 56)

Rank in course/Men: 41 (of 48)

Best time in course: 40:18

Rank in category: 1(of 1)

Best time in the category: 1:03:12