



Winterlaufserie des Eisenacher LV/ 1. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 30.01.2011

Detailed evaluation

**FRIEDRICH, Elke**

Club: Krauthausen OT Pferdsdorf  
Number: 153

Course: 12.30 km  
Langdistanz

Category:  
Frauen W45

Total time: 1:09:26

Speed: 10.37 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 52 (of 56)

Rank in course/Women: 7 (of 8)

Best time in course: 59:26

Rank in category: 4(of 4)

Best time in the category: 59:26