



Winterlaufserie des Eisenacher LV/ 1. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 30.01.2011

Detailed evaluation

**KOCH, Siegfried**

Club: TV Barchfeld  
Number: 117

Course: 12.30 km  
Langdistanz

Category:  
Männer M60

Total time: 1:13:08

Speed: 9.85 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 53 (of 56)

Rank in course/Men: 46 (of 48)

Best time in course: 40:18

Rank in category: 5(of 5)

Best time in the category: 57:59