



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ELLERKAMM, Jürgen

Club: SV Kyffhäuser

Number: 374

Course: 9.75 km

10 km Lauf

Category:

Männer M70

Total time: 51:52

Speed: 10.41 km/h

Running performance: 5:19 min/km

Rank in course/Total: 114 (of 207)

Rank in course/Men: 103 (of 156)

Best time in course: 32:53

Rank in category: 2(of 3)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:08	5:16	2	3:20	111	6:33	3.25	17:08	5:16	2	3:20	86	6:33
Lap 2	3.25	17:13	5:17	2	2:37	101	6:12	6.50	34:21	5:17	2	5:57	103	12:45
Last lap Finish	3.25	17:31	5:23	2	2:42	104	6:14	9.75	51:52	5:19	2	8:39	104	20:16