



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LIPS, Roland

Total time: 52:10

Number: 362

Speed: 10.35 km/h

Running performance: 5:21 min/km

Course: 9.75 km

Rank in course/Total: 119 (of 207)

10 km Lauf

Rank in course/Men: 107 (of 156)

Best time in course: 32:53

Category:

Rank in category: 2(of 8)

Männer M55

Best time in the category: 50:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:18	5:19	2	0:26	115	6:43	3.25	17:18	5:19	2	0:26	107	6:43
Lap 2	3.25	17:26	5:21	2	0:21	102	6:25	6.50	34:44	5:20	2	0:47	107	13:08
Last lap Finish	3.25	17:26	5:21	2	1:01	103	6:09	9.75	52:10	5:21	3	20:34	108	20:34