



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**JAHN, Elke**

Club: Immelborn

Number: 423

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 52:22

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 121 (of 207)

Rank in course/Women: 13 (of 51)

Best time in course: 44:56

Rank in category: 4(of 10)

Best time in the category: 46:18

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:01	5:14	5	1:47	13	1:53	3.25	17:01	5:14	4	1:47	38		
Lap 2	3.25	17:40	5:26	3	2:07	12	2:42	6.50	34:41	5:20	4	3:54	38		
Last lap Finish	3.25	17:41	5:26	4	2:10	14	2:51	9.75	52:22	5:22	4	6:04	14	22:38	