



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

STEIMANN, Kirsten

Club: VfL Sindelfingen

Number: 397

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 52:25

Speed: 10.30 km/h

Running performance: 5:23 min/km

Rank in course/Total: 122 (of 207)

Rank in course/Women: 14 (of 51)

Best time in course: 44:56

Rank in category: 2(of 7)

Best time in the category: 51:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:20	5:19	2	0:49	20	2:12	3.25	17:20	5:19	2	0:49	26		
Lap 2	3.25	17:25	5:21	1	-	10	2:27	6.50	34:45	5:20	2	0:43	26		
Last lap Finish	3.25	17:40	5:26	1	-	13	2:50	9.75	52:25	5:22	2	0:30	15	22:41	