



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HALL, Roswitha

Club: Laufteam

Number: 426

Course: 9.75 km

10 km Lauf

Category:

Frauen W50

Total time: 52:38

Speed: 10.26 km/h

Running performance: 5:24 min/km

Rank in course/Total: 123 (of 207)

Rank in course/Women: 15 (of 51)

Best time in course: 44:56

Rank in category: 1(of 8)

Best time in the category: 52:38

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Lap 1 | 3.25 | 16:37 | 5:06 | 1 | - | 11 | 1:29 | 3.25 | 16:37 | 5:06 | 1 | - | 40 | | |
| Lap 2 | 3.25 | 17:52 | 5:29 | 1 | - | 14 | 2:54 | 6.50 | 34:29 | 5:18 | 1 | - | 36 | | |
| Last lap Finish | 3.25 | 18:09 | 5:35 | 2 | 0:27 | 17 | 3:19 | 9.75 | 52:38 | 5:23 | 1 | - | 16 | 22:54 | |