



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

GÖRNER, Ingo

Total time: 53:56

Number: 330

Speed: 10.01 km/h

Running performance: 5:32 min/km

Course: 9.75 km

Rank in course/Total: 133 (of 207)

10 km Lauf

Rank in course/Men: 115 (of 156)

Best time in course: 32:53

Category:

Rank in category: 28(of 34)

Männer M45

Best time in the category: 38:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:53	5:11	24	4:38	101	6:18	3.25	16:53	5:11	1	-	114	6:18
Lap 2	3.25	17:57	5:31	28	4:48	110	6:56	6.50	34:50	5:21	11		102	13:14
Last lap Finish	3.25	19:06	5:52	29	6:06	130	7:49	9.75	53:56	5:31	28	15:16	116	22:20