



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HEIDE, Peter

Club: Schmalkalder LV

Number: 317

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 54:48

Speed: 9.85 km/h

Running performance: 5:37 min/km

Rank in course/Total: 136 (of 207)

Rank in course/Men: 118 (of 156)

Best time in course: 32:53

Rank in category: 30(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:58	5:13	27	4:43	105	6:23	3.25	16:58	5:13	13	0:05	118	6:23
Lap 2	3.25	18:35	5:43	31	5:26	119	7:34	6.50	35:33	5:28	12	0:29	116	13:57
Last lap Finish	3.25	19:15	5:55	30	6:15	131	7:58	9.75	54:48	5:37	30	16:08	119	23:12