



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HEIDE, Peter

Club: Schmalkalder LV

Number: 317

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 54:48

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 136 (of 207)

Rank in course/Men: 118 (of 156)

Best time in course: 32:53

Rank in category: 30(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|--------|-------------|----------------|------------|-------------|----------------|------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | min/km | Pos Cat. | Behind Cat. | Pos Men | | | | | Behind Men |
| Lap 1 | 3.25 | 16:58 | 5:13 | 27 | 4:43 | 105 | 6:23 | 3.25 | 16:58 | 5:13 | 13 | 0:05 | 118 | 6:23 | | | | |
| Lap 2 | 3.25 | 18:35 | 5:43 | 31 | 5:26 | 119 | 7:34 | 6.50 | 35:33 | 5:28 | 12 | 0:29 | 116 | 13:57 | | | | |
| Last lap Finish | 3.25 | 19:15 | 5:55 | 30 | 6:15 | 131 | 7:58 | 9.75 | 54:48 | 5:37 | 30 | 16:08 | 119 | 23:12 | | | | |