



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SCHRADER, Bernd

Club: PSV Meiningen

Number: 315

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 38:40

Speed: 13.97 km/h

Running performance: 3:58 min/km

Rank in course/Total: 12 (of 207)

Rank in course/Men: 12 (of 156)

Best time in course: 32:53

Rank in category: 1(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:15	3:46	1	-	11	1:40	3.25	12:15	3:46	27	-	12	1:40
Lap 2	3.25	13:09	4:02	1	-	12	2:08	6.50	25:24	3:54	27	-	12	3:48
Last lap Finish	3.25	13:16	4:04	2	0:16	15	1:59	9.75	38:40	3:57	1	-	13	7:04