



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ONIBEIT, Elisabeth

Club: AC Apolda

Number: 439

Course: 9.75 km

10 km Lauf

Category:

Frauen W65

Total time: 54:55

Speed: 9.83 km/h

Running performance: 5:38 min/km

Rank in course/Total: 138 (of 207)

Rank in course/Women: 19 (of 51)

Best time in course: 44:56

Rank in category: 1(of 1)

Best time in the category: 54:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:18	5:19	1	-	19	2:10	3.25	17:18	5:19	1	-	44	
Lap 2	3.25	18:39	5:44	1	-	22	3:41	6.50	35:57	5:31	1	-	44	
Last lap Finish	3.25	18:58	5:50	1	-	29	4:08	9.75	54:55	5:37	1	-	20	25:11