



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**FISCHER, Ines**

Club: LGV Marathon Giessen

Number: 419

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 55:02

Speed: 10.63 km/h

Running performance: 5:38 min/km

Rank in course/Total: 139 (of 207)

Rank in course/Women: 20 (of 51)

Best time in course: 44:56

Rank in category: 6(of 10)

Best time in the category: 46:18

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	18:31	5:41	7	3:17	25	3:23	3.25	18:31	5:41	6	3:17	45
Lap 2	3.25	18:22	5:39	6	2:49	18	3:24	6.50	36:53	5:40	6	6:06	45
Last lap Finish	3.25	18:09	5:35	5	2:38	17	3:19	9.75	55:02	5:38	6	8:44	21 25:18