



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BANATZKI, ILka Maria

Club: PHOTO PERFECT Suhl

Number: 421

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 55:27

Speed: 9.74 km/h

Running performance: 5:41 min/km

Rank in course/Total: 143 (of 207)

Rank in course/Women: 21 (of 51)

Best time in course: 44:56

Rank in category: 7(of 10)

Best time in the category: 46:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	18:34	5:42	8	3:20	26	3:26	3.25	18:34	5:42	7	3:20	46
Lap 2	3.25	18:28	5:40	8	2:55	21	3:30	6.50	37:02	5:41	7	6:15	46
Last lap Finish	3.25	18:25	5:40	7	2:54	22	3:35	9.75	55:27	5:41	7	9:09	22 25:43