



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HANF, Jörg

Club: TT EG 48 Suhl

Number: 288

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 56:01

Speed: 9.64 km/h

Running performance: 5:45 min/km

Rank in course/Total: 151 (of 207)

Rank in course/Men: 125 (of 156)

Best time in course: 32:53

Rank in category: 17(of 20)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:57	5:49	19	6:57	128	8:22	3.25	18:57	5:49	5	4:04	125	8:22
Lap 2	3.25	18:59	5:50	17	6:17	126	7:58	6.50	37:56	5:50	5	6:57	123	16:20
Last lap Finish	3.25	18:05	5:33	15	5:19	113	6:48	9.75	56:01	5:44	17	18:33	126	24:25