



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**MARTE, Helena**

Club: Künzell

Number: 405

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 56:06

Speed: 9.63 km/h

Running performance: 5:45 min/km

Rank in course/Total: 152 (of 207)

Rank in course/Women: 27 (of 51)

Best time in course: 44:56

Rank in category: 3(of 7)

Best time in the category: 48:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:48	5:47	3	3:34	28	3:40	3.25	18:48	5:47	3	3:34	14		
Lap 2	3.25	18:42	5:45	3	2:06	23	3:44	6.50	37:30	5:46	3	5:40	14		
Last lap Finish	3.25	18:36	5:43	3	2:03	24	3:46	9.75	56:06	5:45	3	7:08	28	26:22	