



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BRÜCKNER, Claudia

Club: Ilmenau

Number: 392

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 56:29

Speed: 9.56 km/h

Running performance: 5:47 min/km

Rank in course/Total: 155 (of 207)

Rank in course/Women: 29 (of 51)

Best time in course: 44:56

Rank in category: 4(of 7)

Best time in the category: 51:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:59	5:50	4	2:28	32	3:51	3.25	18:59	5:50	4	2:28	4		
Lap 2	3.25	19:16	5:55	4	1:51	30	4:18	6.50	38:15	5:53	4	4:13	4		
Last lap Finish	3.25	18:14	5:36	3	0:34	20	3:24	9.75	56:29	5:47	4	4:34	30	26:45	