



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LIEBHOLD, Hartmuth

Total time: 57:24

Number: 332

Speed: 9.41 km/h

Running performance: 5:53 min/km

Course: 9.75 km

Rank in course/Total: 161 (of 207)

10 km Lauf

Rank in course/Men: 132 (of 156)

Best time in course: 32:53

Category:

Rank in category: 32(of 34)

Männer M45

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:32	5:42	31	6:17	125	7:57	3.25	18:32	5:42	15	1:39	132	7:57
Lap 2	3.25	18:50	5:47	32	5:41	120	7:49	6.50	37:22	5:44	15	2:18	132	15:46
Last lap Finish	3.25	20:02	6:09	32	7:02	135	8:45	9.75	57:24	5:53	32	18:44	133	25:48