



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

FLECHTNER, Christiane

Club: Berliner Kanu Club Borussia

Number: 400

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 57:32

Speed: 9.39 km/h

Running performance: 5:54 min/km

Rank in course/Total: 162 (of 207)

Rank in course/Women: 30 (of 51)

Best time in course: 44:56

Rank in category: 4(of 7)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:58	5:50	4	3:44	31	3:50	3.25	18:58	5:50	4	3:44	5		
Lap 2	3.25	19:49	6:05	4	3:13	35	4:51	6.50	38:47	5:58	4	6:57	5		
Last lap Finish	3.25	18:45	5:46	4	2:12	27	3:55	9.75	57:32	5:54	4	8:34	31	27:48	