



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

PFAFF, Liane

Club: Saalfelder LV

Number: 422

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 57:46

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 165 (of 207)

Rank in course/Women: 32 (of 51)

Best time in course: 44:56

Rank in category: 9(of 10)

Best time in the category: 46:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	18:18	5:37	6	3:04	23	3:10	3.25	18:18	5:37	9	3:04	7
Lap 2	3.25	19:46	6:04	10	4:13	34	4:48	6.50	38:04	5:51	9	7:17	7
Last lap Finish	3.25	19:42	6:03	10	4:11	34	4:52	9.75	57:46	5:55	9	11:28	33 28:02