



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

OHLHOFF, Kim

Club: Erst laufen dann saufen

Number: 244

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 58:16

Speed: 9.27 km/h

Running performance: 5:59 min/km

Rank in course/Total: 168 (of 207)

Rank in course/Men: 135 (of 156)

Best time in course: 32:53

Rank in category: 11(of 14)

Best time in the category: 37:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:45	6:04	11	7:58	139	9:10	3.25	19:45	6:04	11	7:31	136	9:10	
Lap 2	3.25	19:15	5:55	11	6:42	132	8:14	6.50	39:00	6:00	11	14:13	136	17:24	
Last lap Finish	3.25	19:16	5:55	11	6:44	132	7:59	9.75	58:16	5:58	11	20:57	136	26:40	