



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BECKER, Elvira

Club: Schwedt

Number: 432

Course: 9.75 km

10 km Lauf

Category:

Frauen W50

Total time: 1:00:13

Speed: 8.97 km/h

Running performance: 6:11 min/km

Rank in course/Total: 173 (of 207)

Rank in course/Women: 36 (of 51)

Best time in course: 44:56

Rank in category: 5(of 8)

Best time in the category: 52:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:50	5:47	5	2:13	29	3:42	3.25	18:50	5:47	5	2:13	11		
Lap 2	3.25	20:28	6:17	5	2:36	37	5:30	6.50	39:18	6:02	5	4:49	11		
Last lap Finish	3.25	20:55	6:26	5	3:13	36	6:05	9.75	1:00:13	6:10	5	7:35	37	30:29	