



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**STRIEBER, Rainer**

Club: Bochum

Number: 443

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 1:00:44

Speed: 8.89 km/h

Running performance: 6:14 min/km

Rank in course/Total: 174 (of 207)

Rank in course/Men: 138 (of 156)

Best time in course: 32:53

Rank in category: 19(of 21)

Best time in the category: 41:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:50	6:06	19	6:50	141	9:15	3.25	19:50	6:06	4	4:49	138	9:15
Lap 2	3.25	19:51	6:06	19	5:57	138	8:50	6.50	39:41	6:06	4	8:54	138	18:05
Last lap Finish	3.25	21:03	6:28	20	6:59	142	9:46	9.75	1:00:44	6:13	19	19:36	139	29:08