



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BARTHOLOME, Frank

Number: 361

Course: 9.75 km
10 km Lauf

Category:
Männer M55

Total time: 1:02:17

Speed: 8.67 km/h

Running performance: 6:23 min/km

Rank in course/Total: 180 (of 207)

Rank in course/Men: 143 (of 156)

Best time in course: 32:53

Rank in category: 6(of 8)

Best time in the category: 50:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	3.25	21:39	6:39	7	4:47	149	11:04	3.25	21:39	6:39	6	4:47	143	11:04
Lap 2	3.25	20:12	6:12	5	3:07	139	9:11	6.50	41:51	6:26	6	7:54	143	20:15
Last lap Finish	3.25	20:26	6:17	6	4:01	139	9:09	9.75	1:02:17	6:23	7	30:41	144	30:41