



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**PREDOI, Alexandra**

Club: rc 92

Number: 396

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 1:05:31

Speed: 8.93 km/h

Running performance: 6:43 min/km

Rank in course/Total: 185 (of 207)

Rank in course/Women: 41 (of 51)

Best time in course: 44:56

Rank in category: 6(of 7)

Best time in the category: 51:55

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 3.25        | 20:16         | 6:14            | 6           | 3:45           | 40           | 5:08            | 3.25          | 20:16         | 6:14            | 6           | 3:45           | 16           | 0:07            |
| Lap 2           | 3.25        | 23:06         | 7:06            | 7           | 5:41           | 43           | 8:08            | 6.50          | 43:22         | 6:40            | 6           | 9:20           | 16           | 1:55            |
| Last lap Finish | 3.25        | 22:09         | 6:48            | 6           | 4:29           | 41           | 7:19            | 9.75          | 1:05:31       | 6:43            | 6           | 13:36          | 42           | 35:47           |