



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WINKLER, Astrid

Club: Schwedt

Number: 429

Course: 9.75 km

10 km Lauf

Category:

Frauen W50

Total time: 1:06:26

Speed: 8.13 km/h

Running performance: 6:49 min/km

Rank in course/Total: 187 (of 207)

Rank in course/Women: 42 (of 51)

Best time in course: 44:56

Rank in category: 7(of 8)

Best time in the category: 52:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:57	6:26	7	4:20	42	5:49	3.25	20:57	6:26	7	4:20	17	0:48
Lap 2	3.25	22:46	7:00	7	4:54	42	7:48	6.50	43:43	6:43	7	9:14	17	2:16
Last lap Finish	3.25	22:43	6:59	7	5:01	42	7:53	9.75	1:06:26	6:48	7	13:48	43	36:42