



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BEHRENDT, Jörg

Club: LG Kreis Ansbach

Number: 312

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 40:23

Speed: 13.37 km/h

Running performance: 4:08 min/km

Rank in course/Total: 17 (of 207)

Rank in course/Men: 17 (of 156)

Best time in course: 32:53

Rank in category: 2(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:17	4:05	4	1:02	22	2:42	3.25	13:17	4:05	19			17	2:42
Lap 2	3.25	13:33	4:10	2	0:24	15	2:32	6.50	26:50	4:07	19			17	5:14
Last lap Finish	3.25	13:33	4:10	3	0:33	18	2:16	9.75	40:23	4:08	2	1:43		18	8:47