



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WERNER, Thomas

Club: Hundebox.de

Number: 259

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 1:06:32

Speed: 8.12 km/h

Running performance: 6:49 min/km

Rank in course/Total: 189 (of 207)

Rank in course/Men: 146 (of 156)

Best time in course: 32:53

Rank in category: 15(of 15)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:21	6:34	15	8:51	146	10:46	3.25	21:21	6:34	15	8:51	146	10:46
Lap 2	3.25	22:28	6:54	15	8:55	147	11:27	6.50	43:49	6:44	15	17:46	146	22:13
Last lap Finish	3.25	22:43	6:59	15	9:16	145	11:26	9.75	1:06:32	6:49	15	27:02	147	34:56