



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ZIMMERMANN, Uwe

Club: USV Jena

Number: 358

Course: 9.75 km

10 km Lauf

Category:

Männer M55

Total time: 1:09:52

Speed: 7.73 km/h

Running performance: 7:10 min/km

Rank in course/Total: 191 (of 207)

Rank in course/Men: 148 (of 156)

Best time in course: 32:53

Rank in category: 7(of 8)

Best time in the category: 50:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:46	6:23	6	3:54	145	10:11	3.25	20:46	6:23	7	3:54	148	10:11
Lap 2	3.25	23:41	7:17	7	6:36	149	12:40	6.50	44:27	6:50	7	10:30	148	22:51
Last lap Finish	3.25	25:25	7:49	7	9:00	152	14:08	9.75	1:09:52	7:09	8	38:16	149	38:16