



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

STREIT, Elke

Club: LIFE Gesundheitstraining

Number: 401

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 1:10:47

Speed: 8.26 km/h

Running performance: 7:16 min/km

Rank in course/Total: 192 (of 207)

Rank in course/Women: 44 (of 51)

Best time in course: 44:56

Rank in category: 6(of 7)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:12	6:49	6	6:58	44	7:04	3.25	22:12	6:49	6	6:58	19	2:03
Lap 2	3.25	23:08	7:07	6	6:32	44	8:10	6.50	45:20	6:58	6	13:30	19	3:53
Last lap Finish	3.25	25:27	7:49	7	8:54	47	10:37	9.75	1:10:47	7:15	6	21:49	45	41:03