



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WAGNER, Heribert

Club: LIFE Gesundheitstraining

Number: 341

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 1:10:48

Speed: 7.63 km/h

Running performance: 7:16 min/km

Rank in course/Total: 194 (of 207)

Rank in course/Men: 150 (of 156)

Best time in course: 32:53

Rank in category: 21(of 21)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:14	6:50	21	9:14	150	11:39	3.25	22:14	6:50	2	7:13	150	11:39
Lap 2	3.25	23:37	7:15	21	9:43	148	12:36	6.50	45:51	7:03	2	15:04	150	24:15
Last lap Finish	3.25	24:57	7:40	21	10:53	149	13:40	9.75	1:10:48	7:15	21	29:40	150	39:12