



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

PIEPER, Ingrid

Club: TV Friesen Telgte

Number: 437

Course: 9.75 km

10 km Lauf

Category:

Frauen W60

Total time: 1:13:44

Speed: 7.32 km/h

Running performance: 7:34 min/km

Rank in course/Total: 200 (of 207)

Rank in course/Women: 47 (of 51)

Best time in course: 44:56

Rank in category: 1(of 1)

Best time in the category: 1:13:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:49	7:19	1	-	47	8:41	3.25	23:49	7:19	1	-	22	3:40
Lap 2	3.25	24:27	7:31	1	-	45	9:29	6.50	48:16	7:25	1	-	22	6:49
Last lap Finish	3.25	25:28	7:50	1	-	48	10:38	9.75	1:13:44	7:33	1	-	48	44:00