



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WILHELM, Manfred

Club: TV Friesen Telgte

Number: 366

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 1:21:34

Speed: 6.62 km/h

Running performance: 8:22 min/km

Rank in course/Total: 204 (of 207)

Rank in course/Men: 155 (of 156)

Best time in course: 32:53

Rank in category: 8(of 8)

Best time in the category: 44:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	27:08	8:20	8	12:23	155	16:33	3.25	27:08	8:20	8	12:13	155	16:33
Lap 2	3.25	26:43	8:13	8	11:27	155	15:42	6.50	53:51	8:17	8	23:40	155	32:15
Last lap Finish	3.25	27:43	8:31	8	13:29	155	16:26	9.75	1:21:34	8:21	8	37:09	156	49:58