



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**WILHELM, Manfred**

Club: TV Friesen Telgte

Number: 366

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 1:21:34

Speed: 6.62 km/h

Running performance: 8:22 min/km

Rank in course/Total: 204 (of 207)

Rank in course/Men: 155 (of 156)

Best time in course: 32:53

Rank in category: 8(of 8)

Best time in the category: 44:25

## Intermediate times

## Stage score

## Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 27:08         | 8:20            | 8           | 12:23          | 155         | 16:33         | 3.25          | 27:08         | 8:20            | 8           | 12:13          | 155        | 16:33         |
| Lap 2           | 3.25        | 26:43         | 8:13            | 8           | 11:27          | 155         | 15:42         | 6.50          | 53:51         | 8:17            | 8           | 23:40          | 155        | 32:15         |
| Last lap Finish | 3.25        | 27:43         | 8:31            | 8           | 13:29          | 155         | 16:26         | 9.75          | 1:21:34       | 8:21            | 8           | 37:09          | 156        | 49:58         |