



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ALBUZIO, Marco

Club: KSV Glauchau e.V.

Number: 306

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 41:14

Speed: 13.10 km/h

Running performance: 4:14 min/km

Rank in course/Total: 20 (of 207)

Rank in course/Men: 20 (of 156)

Best time in course: 32:53

Rank in category: 4(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:34	4:28	10	2:19	46	3:59	3.25	14:34	4:28	21			20	3:59
Lap 2	3.25	13:40	4:12	3	0:31	17	2:39	6.50	28:14	4:20	21			20	6:38
Last lap Finish	3.25	13:00	4:00	1	-	9	1:43	9.75	41:14	4:13	4	2:34		21	9:38