



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HEIN, Oliver

Club: Vacha

Number: 8

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 3:07:41

Speed: 13.43 km/h

Running performance: 4:26 min/km

Rank in course/Total: 6 (of 143)

Rank in course/Men: 6 (of 129)

Best time in course: 2:55:38

Rank in category: 1(of 11)

Best time in the category: 3:07:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:22	3:48	1	-	2	0:05	3.25	12:22	3:48	2	-	10	-
Lap 2	3.25	12:51	3:57	1	-	1	-	6.50	25:13	3:52	2	-	10	-
Lap 3	3.25	12:58	3:59	1	-	3	0:03	9.75	38:11	3:54	2	-	10	-
Lap 4	3.25	12:59	3:59	1	-	3	0:06	13.00	51:10	3:56	2	-	10	-
Lap 5	3.25	13:09	4:02	1	-	3	0:08	16.25	1:04:19	3:57	2	-	10	-
Lap 6	3.25	13:40	4:12	1	-	4	0:47	19.50	1:17:59	3:59	2	-	10	-
Lap 7	3.25	13:37	4:11	1	-	3	0:27	22.75	1:31:36	4:01	2	-	10	-
Lap 8	3.25	14:05	4:20	1	-	5	0:33	26.00	1:45:41	4:03	1	-	6	1:27
Lap 9	3.25	14:36	4:29	1	-	6	0:58	29.25	2:00:17	4:06	1	-	6	2:13
Lap 10	3.25	14:53	4:34	1	-	6	0:50	32.50	2:15:10	4:09	1	-	6	3:03
Lap 11	3.25	15:51	4:52	1	-	11	1:43	35.75	2:31:01	4:13	1	-	6	4:46
Lap 12	3.25	18:32	5:42	4	1:37	36	4:41	39.00	2:49:33	4:20	1	-	6	8:35
Last lap Finish	3.25	18:08	5:34	4	1:49	34	4:33	42.25	3:07:41	4:26	2	37:58	10	37:58