



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SCHMIADE, Frank

Club: Spritkessel Erfelden

Number: 47

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:12:05

Speed: 13.12 km/h

Running performance: 4:33 min/km

Rank in course/Total: 11 (of 143)

Rank in course/Men: 11 (of 129)

Best time in course: 2:55:38

Rank in category: 1(of 23)

Best time in the category: 3:12:05

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:34	4:10	1	-	10	1:17	3.25	13:34	4:10	22		15	
Lap 2	3.25	13:41	4:12	1	-	9	0:50	6.50	27:15	4:11	22		15	
Lap 3	3.25	14:02	4:19	1	-	9	1:07	9.75	41:17	4:14	22		15	
Lap 4	3.25	14:03	4:19	1	-	9	1:10	13.00	55:20	4:15	22		15	
Lap 5	3.25	14:12	4:22	1	-	8	1:11	16.25	1:09:32	4:16	22		15	
Lap 6	3.25	14:27	4:26	1	-	8	1:34	19.50	1:23:59	4:18	22		15	
Lap 7	3.25	14:33	4:28	1	-	8	1:23	22.75	1:38:32	4:19	22		15	
Lap 8	3.25	14:55	4:35	2	0:16	12	1:23	26.00	1:53:27	4:21	12		11	9:13
Lap 9	3.25	15:12	4:40	2	0:21	11	1:34	29.25	2:08:39	4:23	12		11	10:35
Lap 10	3.25	15:14	4:41	1	-	10	1:11	32.50	2:23:53	4:25	12		11	11:46
Lap 11	3.25	15:41	4:49	2	0:05	10	1:33	35.75	2:39:34	4:27	12		10	13:19
Lap 12	3.25	16:28	5:03	2	0:21	14	2:37	39.00	2:56:02	4:30	12		10	15:04
Last lap Finish	3.25	16:03	4:56	1	-	12	2:28	42.25	3:12:05	4:32	3	40:25	16	42:22