



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

GESSNER, Roberto Andreas

Club: Ifv oberholz

Number: 4

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 3:12:04

Speed: 13.12 km/h

Running performance: 4:33 min/km

Rank in course/Total: 10 (of 143)

Rank in course/Men: 10 (of 129)

Best time in course: 2:55:38

Rank in category: 2(of 11)

Best time in the category: 3:07:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:01	4:00	2	0:39	7	0:44	3.25	13:01	4:00	3		16	
Lap 2	3.25	13:22	4:06	2	0:31	6	0:31	6.50	26:23	4:03	3		16	
Lap 3	3.25	13:44	4:13	2	0:46	8	0:49	9.75	40:07	4:06	3		16	
Lap 4	3.25	13:47	4:14	2	0:48	8	0:54	13.00	53:54	4:08	3		16	
Lap 5	3.25	14:05	4:20	2	0:56	7	1:04	16.25	1:07:59	4:11	3		16	
Lap 6	3.25	14:26	4:26	2	0:46	7	1:33	19.50	1:22:25	4:13	3		16	
Lap 7	3.25	14:33	4:28	2	0:56	8	1:23	22.75	1:36:58	4:15	3		16	
Lap 8	3.25	14:51	4:34	2	0:46	10	1:19	26.00	1:51:49	4:18	2	6:08	12	7:35
Lap 9	3.25	15:16	4:41	2	0:40	12	1:38	29.25	2:07:05	4:20	2	6:48	12	9:01
Lap 10	3.25	15:47	4:51	2	0:54	15	1:44	32.50	2:22:52	4:23	2	7:42	12	10:45
Lap 11	3.25	15:58	4:54	2	0:07	14	1:50	35.75	2:38:50	4:26	2	7:49	11	12:35
Lap 12	3.25	16:55	5:12	1	-	18	3:04	39.00	2:55:45	4:30	2	6:12	11	14:47
Last lap Finish	3.25	16:19	5:01	1	-	16	2:44	42.25	3:12:04	4:32	3	42:21	15	42:21