



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

JAHN, Volker

Club: BSV Schönau

Number: 33

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:16:20

Speed: 12.84 km/h

Running performance: 4:39 min/km

Rank in course/Total: 12 (of 143)

Rank in course/Men: 12 (of 129)

Best time in course: 2:55:38

Rank in category: 2(of 23)

Best time in the category: 3:12:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:08	4:39	5	1:34	35	2:51	3.25	15:08	4:39	21		17	
Lap 2	3.25	14:36	4:29	2	0:55	15	1:45	6.50	29:44	4:34	21		17	
Lap 3	3.25	14:41	4:31	2	0:39	15	1:46	9.75	44:25	4:33	21		17	
Lap 4	3.25	15:02	4:37	3	0:59	18	2:09	13.00	59:27	4:34	21		17	
Lap 5	3.25	14:35	4:29	2	0:23	13	1:34	16.25	1:14:02	4:33	21		17	
Lap 6	3.25	14:41	4:31	2	0:14	12	1:48	19.50	1:28:43	4:32	21		17	
Lap 7	3.25	14:35	4:29	2	0:02	10	1:25	22.75	1:43:18	4:32	21		17	
Lap 8	3.25	14:39	4:30	1	-	8	1:07	26.00	1:57:57	4:32	21		13	13:43
Lap 9	3.25	14:51	4:34	1	-	8	1:13	29.25	2:12:48	4:32	21		13	14:44
Lap 10	3.25	15:37	4:48	2	0:23	13	1:34	32.50	2:28:25	4:33	21		13	16:18
Lap 11	3.25	15:36	4:47	1	-	9	1:28	35.75	2:44:01	4:35	21		12	17:46
Lap 12	3.25	16:07	4:57	1	-	11	2:16	39.00	3:00:08	4:37	21		12	19:10
Last lap Finish	3.25	16:12	4:59	2	0:09	13	2:37	42.25	3:16:20	4:38	4	44:40	17	46:37