



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

GEIKEN, Annette

Club: LG RWE Power

Number: 144

Course: 42.25 km

Marathon

Category:

Frauen W40

Total time: 3:25:50

Speed: 12.24 km/h

Running performance: 4:52 min/km

Rank in course/Total: 19 (of 143)

Rank in course/Women: 1 (of 14)

Best time in course: 3:25:50

Rank in category: 1(of 3)

Best time in the category: 3:25:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	14:48	4:33	1	-	1	-	3.25	14:48	4:33	1	-	2	-
Lap 2	3.25	14:50	4:33	1	-	1	-	6.50	29:38	4:33	1	-	1	-
Lap 3	3.25	14:58	4:36	1	-	1	-	9.75	44:36	4:34	1	-	1	-
Lap 4	3.25	15:16	4:41	1	-	1	-	13.00	59:52	4:36	1	-	1	-
Lap 5	3.25	15:22	4:43	1	-	1	-	16.25	1:15:14	4:37	1	-	1	-
Lap 6	3.25	15:27	4:45	1	-	1	-	19.50	1:30:41	4:39	1	-	1	-
Lap 7	3.25	15:55	4:53	1	-	1	-	22.75	1:46:36	4:41	1	-	1	-
Lap 8	3.25	16:12	4:59	1	-	1	-	26.00	2:02:48	4:43	1	-	1	-
Lap 9	3.25	16:23	5:02	1	-	1	-	29.25	2:19:11	4:45	1	-	1	-
Lap 10	3.25	16:31	5:04	1	-	1	-	32.50	2:35:42	4:47	1	-	1	-
Lap 11	3.25	17:03	5:14	1	-	1	-	35.75	2:52:45	4:49	1	-	1	-
Lap 12	3.25	16:44	5:08	1	-	1	-	39.00	3:09:29	4:51	1	-	1	-
Last lap Finish	3.25	16:21	5:01	1	-	1	-	42.25	3:25:50	4:52	1	-	2	2:37:46