



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

REISER, Jürgen

Club: LG RWE Power

Number: 71

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:25:50

Speed: 12.24 km/h

Running performance: 4:52 min/km

Rank in course/Total: 20 (of 143)

Rank in course/Men: 19 (of 129)

Best time in course: 2:55:38

Rank in category: 8(of 38)

Best time in the category: 2:59:52

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:49	4:33	15	1:51	30	2:32	3.25	14:49	4:33	28		24	
Lap 2	3.25	14:49	4:33	9	1:39	20	1:58	6.50	29:38	4:33	28		24	
Lap 3	3.25	14:58	4:36	8	1:43	21	2:03	9.75	44:36	4:34	25		18	
Lap 4	3.25	15:16	4:41	11	1:50	23	2:23	13.00	59:52	4:36	28		24	
Lap 5	3.25	15:22	4:43	9	1:47	24	2:21	16.25	1:15:14	4:37	28		24	
Lap 6	3.25	15:27	4:45	8	1:55	23	2:34	19.50	1:30:41	4:39	28		24	
Lap 7	3.25	15:55	4:53	11	2:13	27	2:45	22.75	1:46:36	4:41	28		24	
Lap 8	3.25	16:12	4:59	11	2:25	27	2:40	26.00	2:02:48	4:43	28		20	18:34
Lap 9	3.25	16:23	5:02	9	2:37	22	2:45	29.25	2:19:11	4:45	28		20	21:07
Lap 10	3.25	16:31	5:04	9	2:23	19	2:28	32.50	2:35:42	4:47	28		20	23:35
Lap 11	3.25	17:03	5:14	11	2:53	21	2:55	35.75	2:52:45	4:49	26		19	26:30
Lap 12	3.25	16:44	5:08	8	2:53	16	2:53	39.00	3:09:29	4:51	26		19	28:31
Last lap Finish	3.25	16:21	5:01	9	2:46	18	2:46	42.25	3:25:50	4:52	9	25:58	24	56:07