



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

REIF, Bernd

Club: Gotha

Number: 54

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:28:56

Speed: 12.06 km/h

Running performance: 4:57 min/km

Rank in course/Total: 23 (of 143)

Rank in course/Men: 22 (of 129)

Best time in course: 2:55:38

Rank in category: 3(of 23)

Best time in the category: 3:12:05

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:09	4:39	6	1:35	36	2:52	3.25	15:09	4:39	14		27	
Lap 2	3.25	15:00	4:36	4	1:19	25	2:09	6.50	30:09	4:38	20		27	
Lap 3	3.25	14:43	4:31	3	0:41	16	1:48	9.75	44:52	4:36	20		19	
Lap 4	3.25	14:59	4:36	2	0:56	17	2:06	13.00	59:51	4:36	20		27	
Lap 5	3.25	15:22	4:43	4	1:10	24	2:21	16.25	1:15:13	4:37	20		27	
Lap 6	3.25	15:19	4:42	4	0:52	19	2:26	19.50	1:30:32	4:38	20		27	
Lap 7	3.25	15:28	4:45	3	0:55	18	2:18	22.75	1:46:00	4:39	20		27	
Lap 8	3.25	15:42	4:49	3	1:03	17	2:10	26.00	2:01:42	4:40	20		23	17:28
Lap 9	3.25	16:20	5:01	3	1:29	21	2:42	29.25	2:18:02	4:43	20		23	19:58
Lap 10	3.25	17:09	5:16	5	1:55	30	3:06	32.50	2:35:11	4:46	20		23	23:04
Lap 11	3.25	18:05	5:33	6	2:29	34	3:57	35.75	2:53:16	4:50	20		22	27:01
Lap 12	3.25	17:37	5:25	5	1:30	27	3:46	39.00	3:10:53	4:53	20		22	29:55
Last lap Finish	3.25	18:03	5:33	5	2:00	33	4:28	42.25	3:28:56	4:56	5	57:16	27	59:13