



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SCHELER, Martin

Club: TSV Sonnefeld

Number: 82

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:31:46

Speed: 11.90 km/h

Running performance: 5:01 min/km

Rank in course/Total: 26 (of 143)

Rank in course/Men: 25 (of 129)

Best time in course: 2:55:38

Rank in category: 12(of 38)

Best time in the category: 2:59:52

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:21	4:24	7	1:23	15	2:04	3.25	14:21	4:24	32		30	
Lap 2	3.25	15:08	4:39	16	1:58	31	2:17	6.50	29:29	4:32	32		30	
Lap 3	3.25	15:25	4:44	15	2:10	31	2:30	9.75	44:54	4:36	31		29	
Lap 4	3.25	15:49	4:51	15	2:23	32	2:56	13.00	1:00:43	4:40	32		30	
Lap 5	3.25	16:00	4:55	16	2:25	33	2:59	16.25	1:16:43	4:43	32		30	
Lap 6	3.25	16:04	4:56	14	2:32	30	3:11	19.50	1:32:47	4:45	32		30	
Lap 7	3.25	16:05	4:56	13	2:23	31	2:55	22.75	1:48:52	4:47	32		30	
Lap 8	3.25	16:34	5:05	14	2:47	32	3:02	26.00	2:05:26	4:49	32		26	21:12
Lap 9	3.25	18:54	5:48	25	5:08	61	5:16	29.25	2:24:20	4:56	32		26	26:16
Lap 10	3.25	16:41	5:08	10	2:33	20	2:38	32.50	2:41:01	4:57	32		26	28:54
Lap 11	3.25	17:03	5:14	11	2:53	21	2:55	35.75	2:58:04	4:58	30		25	31:49
Lap 12	3.25	17:01	5:14	10	3:10	19	3:10	39.00	3:15:05	5:00	30		25	34:07
Last lap Finish	3.25	16:41	5:08	14	3:06	24	3:06	42.25	3:31:46	5:00	13	31:54	30	1:02:03