



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

RÖHNER, Gerald

Club: FC Rentweinsdorf

Number: 62

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:32:06

Speed: 11.88 km/h

Running performance: 5:01 min/km

Rank in course/Total: 28 (of 143)

Rank in course/Men: 27 (of 129)

Best time in course: 2:55:38

Rank in category: 13(of 38)

Best time in the category: 2:59:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:51	4:15	4	0:53	12	1:34	3.25	13:51	4:15	33		32	
Lap 2	3.25	14:27	4:26	5	1:17	13	1:36	6.50	28:18	4:21	33		32	
Lap 3	3.25	14:46	4:32	6	1:31	17	1:51	9.75	43:04	4:25	33		32	
Lap 4	3.25	14:56	4:35	6	1:30	15	2:03	13.00	58:00	4:27	33		32	
Lap 5	3.25	15:41	4:49	13	2:06	30	2:40	16.25	1:13:41	4:32	33		32	
Lap 6	3.25	17:48	5:28	25	4:16	62	4:55	19.50	1:31:29	4:41	33		32	
Lap 7	3.25	15:48	4:51	9	2:06	24	2:38	22.75	1:47:17	4:42	33		32	
Lap 8	3.25	16:11	4:58	8	2:24	22	2:39	26.00	2:03:28	4:44	33		28	19:14
Lap 9	3.25	16:53	5:11	14	3:07	30	3:15	29.25	2:20:21	4:47	33		28	22:17
Lap 10	3.25	17:30	5:23	17	3:22	34	3:27	32.50	2:37:51	4:51	33		28	25:44
Lap 11	3.25	20:33	6:19	26	6:23	67	6:25	35.75	2:58:24	4:59	31		27	32:09
Lap 12	3.25	17:19	5:19	11	3:28	22	3:28	39.00	3:15:43	5:01	31		27	34:45
Last lap Finish	3.25	16:23	5:02	10	2:48	19	2:48	42.25	3:32:06	5:01	14	32:14	32	1:02:23