



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SOFF, Andreas

Club: 100 MC Deutschland

Number: 95

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:35:42

Speed: 11.68 km/h

Running performance: 5:07 min/km

Rank in course/Total: 31 (of 143)

Rank in course/Men: 30 (of 129)

Best time in course: 2:55:38

Rank in category: 3(of 20)

Best time in the category: 3:09:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:20	4:43	3	2:06	41	3:03	3.25	15:20	4:43	19			36	
Lap 2	3.25	15:31	4:46	3	1:40	36	2:40	6.50	30:51	4:44	19			36	
Lap 3	3.25	15:51	4:52	3	1:44	34	2:56	9.75	46:42	4:47	19			36	
Lap 4	3.25	15:46	4:51	3	1:31	31	2:53	13.00	1:02:28	4:48	19			36	
Lap 5	3.25	15:37	4:48	3	1:15	29	2:36	16.25	1:18:05	4:48	19			36	
Lap 6	3.25	16:59	5:13	4	2:28	45	4:06	19.50	1:35:04	4:52	19			36	
Lap 7	3.25	15:46	4:51	3	1:05	23	2:36	22.75	1:50:50	4:52	19			36	
Lap 8	3.25	15:58	4:54	3	1:07	21	2:26	26.00	2:06:48	4:52	19			32	22:34
Lap 9	3.25	15:52	4:52	3	0:55	18	2:14	29.25	2:22:40	4:52	19			32	24:36
Lap 10	3.25	18:22	5:39	6	3:22	48	4:19	32.50	2:41:02	4:57	19			31	28:55
Lap 11	3.25	19:31	6:00	7	4:23	54	5:23	35.75	3:00:33	5:03	19			30	34:18
Lap 12	3.25	18:23	5:39	4	3:12	34	4:32	39.00	3:18:56	5:06	19			30	37:58
Last lap Finish	3.25	16:46	5:09	3	1:51	26	3:11	42.25	3:35:42	5:06	3	26:39		36	1:05:59