



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SCHINDLER, Michael

Club: TV Helmbrechts

Number: 50

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:36:52

Speed: 11.62 km/h

Running performance: 5:08 min/km

Rank in course/Total: 33 (of 143)

Rank in course/Men: 32 (of 129)

Best time in course: 2:55:38

Rank in category: 4(of 23)

Best time in the category: 3:12:05

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:11	4:40	8	1:37	38	2:54	3.25	15:11	4:40	19		23		
Lap 2	3.25	15:31	4:46	6	1:50	36	2:40	6.50	30:42	4:43	19		38		
Lap 3	3.25	15:52	4:52	5	1:50	35	2:57	9.75	46:34	4:46	19		38		
Lap 4	3.25	15:51	4:52	5	1:48	34	2:58	13.00	1:02:25	4:48	19		38		
Lap 5	3.25	16:03	4:56	6	1:51	36	3:02	16.25	1:18:28	4:49	19		38		
Lap 6	3.25	16:18	5:00	6	1:51	35	3:25	19.50	1:34:46	4:51	19		38		
Lap 7	3.25	15:59	4:55	5	1:26	30	2:49	22.75	1:50:45	4:52	19		38		
Lap 8	3.25	16:23	5:02	5	1:44	29	2:51	26.00	2:07:08	4:53	19		34	22:54	
Lap 9	3.25	16:50	5:10	5	1:59	29	3:12	29.25	2:23:58	4:55	19		34	25:54	
Lap 10	3.25	17:21	5:20	6	2:07	32	3:18	32.50	2:41:19	4:57	19		33	29:12	
Lap 11	3.25	18:08	5:34	7	2:32	37	4:00	35.75	2:59:27	5:01	19		32	33:12	
Lap 12	3.25	18:34	5:42	6	2:27	39	4:43	39.00	3:18:01	5:04	19		32	37:03	
Last lap Finish	3.25	18:51	5:48	8	2:48	47	5:16	42.25	3:36:52	5:07	6	1:05:12	38	1:07:09	