



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BRAUCKMANN, Klaus

Club: Hövelhof

Number: 87

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:41:53

Speed: 11.36 km/h

Running performance: 5:15 min/km

Rank in course/Total: 40 (of 143)

Rank in course/Men: 39 (of 129)

Best time in course: 2:55:38

Rank in category: 18(of 38)

Best time in the category: 2:59:52

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	16:38	5:07	21	3:40	60	4:21	3.25	16:38	5:07	11		45	0:08
Lap 2	3.25	16:21	5:01	19	3:11	48	3:30	6.50	32:59	5:04	11		45	
Lap 3	3.25	16:23	5:02	18	3:08	43	3:28	9.75	49:22	5:03	11		45	
Lap 4	3.25	16:32	5:05	19	3:06	45	3:39	13.00	1:05:54	5:04	11		45	
Lap 5	3.25	16:47	5:09	19	3:12	48	3:46	16.25	1:22:41	5:05	11		45	
Lap 6	3.25	16:41	5:08	17	3:09	40	3:48	19.50	1:39:22	5:05	11		45	
Lap 7	3.25	16:47	5:09	17	3:05	42	3:37	22.75	1:56:09	5:06	11		45	
Lap 8	3.25	16:56	5:12	16	3:09	35	3:24	26.00	2:13:05	5:07	11		41	28:51
Lap 9	3.25	17:19	5:19	17	3:33	38	3:41	29.25	2:30:24	5:08	11		41	32:20
Lap 10	3.25	16:55	5:12	14	2:47	24	2:52	32.50	2:47:19	5:08	11		40	35:12
Lap 11	3.25	17:51	5:29	16	3:41	30	3:43	35.75	3:05:10	5:10	36		39	38:55
Lap 12	3.25	18:25	5:40	18	4:34	35	4:34	39.00	3:23:35	5:13	36		39	42:37
Last lap Finish	3.25	18:18	5:37	18	4:43	36	4:43	42.25	3:41:53	5:15	20	42:01	45	1:12:10