



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LÖSCH, Steffen

Club: USV Jena Abt. OL

Number: 324

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 41:35

Speed: 12.99 km/h

Running performance: 4:16 min/km

Rank in course/Total: 25 (of 207)

Rank in course/Men: 25 (of 156)

Best time in course: 32:53

Rank in category: 7(of 34)

Best time in the category: 38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	13:54	4:16	7	1:39	31	3:19	3.25	13:54	4:16	24		23	3:19
Lap 2	3.25	13:56	4:17	6	0:47	23	2:55	6.50	27:50	4:16	24		25	6:14
Last lap Finish	3.25	13:45	4:13	4	0:45	21	2:28	9.75	41:35	4:15	7	2:55	26	9:59