



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BERGMANN, Jan

Club: Hagenburg

Number: 10

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 3:42:21

Speed: 11.33 km/h

Running performance: 5:16 min/km

Rank in course/Total: 42 (of 143)

Rank in course/Men: 41 (of 129)

Best time in course: 2:55:38

Rank in category: 5(of 11)

Best time in the category: 3:07:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:55	4:35	5	2:33	31	2:38	3.25	14:55	4:35	6		47	
Lap 2	3.25	15:30	4:46	5	2:39	34	2:39	6.50	30:25	4:40	6		23	
Lap 3	3.25	15:54	4:53	5	2:56	36	2:59	9.75	46:19	4:45	6		47	
Lap 4	3.25	16:13	4:59	5	3:14	40	3:20	13.00	1:02:32	4:48	6		47	
Lap 5	3.25	16:36	5:06	6	3:27	44	3:35	16.25	1:19:08	4:52	6		47	
Lap 6	3.25	16:35	5:06	5	2:55	38	3:42	19.50	1:35:43	4:54	6		47	
Lap 7	3.25	16:52	5:11	6	3:15	44	3:42	22.75	1:52:35	4:56	6		47	
Lap 8	3.25	17:16	5:18	5	3:11	45	3:44	26.00	2:09:51	4:59	5	24:10	43	25:37
Lap 9	3.25	17:45	5:27	5	3:09	42	4:07	29.25	2:27:36	5:02	5	27:19	43	29:32
Lap 10	3.25	18:27	5:40	5	3:34	49	4:24	32.50	2:46:03	5:06	5	30:53	42	33:56
Lap 11	3.25	18:44	5:45	5	2:53	39	4:36	35.75	3:04:47	5:10	5	33:46	41	38:32
Lap 12	3.25	19:01	5:51	5	2:06	43	5:10	39.00	3:23:48	5:13	5	34:15	41	42:50
Last lap Finish	3.25	18:33	5:42	5	2:14	42	4:58	42.25	3:42:21	5:15	6	1:12:38	47	1:12:38