



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

MARTIN, Alexandra

Club: TSV Wiesentheid

Number: 143

Course: 42.25 km

Marathon

Category:

Frauen W35

Total time: 3:46:46

Speed: 11.11 km/h

Running performance: 5:22 min/km

Rank in course/Total: 46 (of 143)

Rank in course/Women: 2 (of 14)

Best time in course: 3:25:50

Rank in category: 1(of 1)

Best time in the category: 3:46:46

| Control | Intermediate times | | | | | | | | Stage score | | | | Total ranking | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|-------------|--------------|----------|-------------|---------------|--------------|--|--|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | | |
| Lap 1 | 3.25 | 17:11 | 5:17 | 1 | - | 5 | 2:23 | 3.25 | 17:11 | 5:17 | 1 | - | 3 | | | |
| Lap 2 | 3.25 | 17:06 | 5:15 | 1 | - | 4 | 2:16 | 6.50 | 34:17 | 5:16 | 1 | - | 2 | 4:39 | | |
| Lap 3 | 3.25 | 16:50 | 5:10 | 1 | - | 3 | 1:52 | 9.75 | 51:07 | 5:14 | 1 | - | 2 | 6:31 | | |
| Lap 4 | 3.25 | 16:34 | 5:05 | 1 | - | 2 | 1:18 | 13.00 | 1:07:41 | 5:12 | 1 | - | 2 | 7:49 | | |
| Lap 5 | 3.25 | 17:00 | 5:13 | 1 | - | 2 | 1:38 | 16.25 | 1:24:41 | 5:12 | 1 | - | 2 | 9:27 | | |
| Lap 6 | 3.25 | 17:13 | 5:17 | 1 | - | 2 | 1:46 | 19.50 | 1:41:54 | 5:13 | 1 | - | 2 | 11:13 | | |
| Lap 7 | 3.25 | 17:23 | 5:20 | 1 | - | 2 | 1:28 | 22.75 | 1:59:17 | 5:14 | 1 | - | 2 | 12:41 | | |
| Lap 8 | 3.25 | 17:14 | 5:18 | 1 | - | 2 | 1:02 | 26.00 | 2:16:31 | 5:15 | 1 | - | 2 | 13:43 | | |
| Lap 9 | 3.25 | 17:38 | 5:25 | 1 | - | 2 | 1:15 | 29.25 | 2:34:09 | 5:16 | 1 | - | 2 | 14:58 | | |
| Lap 10 | 3.25 | 17:51 | 5:29 | 1 | - | 2 | 1:20 | 32.50 | 2:52:00 | 5:17 | 1 | - | 2 | 16:18 | | |
| Lap 11 | 3.25 | 18:01 | 5:32 | 1 | - | 3 | 0:58 | 35.75 | 3:10:01 | 5:18 | 1 | - | 2 | 17:16 | | |
| Lap 12 | 3.25 | 18:51 | 5:48 | 1 | - | 3 | 2:07 | 39.00 | 3:28:52 | 5:21 | 1 | - | 2 | 19:23 | | |
| Last lap Finish | 3.25 | 17:54 | 5:30 | 1 | - | 3 | 1:33 | 42.25 | 3:46:46 | 5:22 | 1 | - | 3 | 2:58:42 | | |